

Fun, Adventure & Excitement

(Discussion Questions)



Meaningful Discussions



When people
arrive at your
table

- ✓ Ask people to order something so that we can keep up good relations with this restaurant since they are letting us use their space.
- ✓ Ask people to place their food and drink orders **before** the discussion starts so that the discussion won't be interrupted as much.

Once the food and drinks have been ordered let everyone know...

Our main Intention

- is to provide a **balanced discussion** where everyone has a chance to speak.

We only have two rules

- respect for everyone at the table, and one person talking at a time (during the facilitated portion).

Interjecting

- In order to avoid anyone from **dominating** the discussion, just **raise your hand** if you would like to speak. That way, everyone (including the facilitator) knows that you have something to say.

Okay, let's
get started!

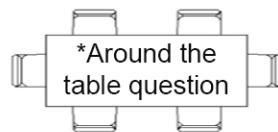


*Around the table question:

*People answer the
question from left to
right ending with the
person who asked it.*

WARM UP QUESTIONS always help build respect at the table...

Which of the **Food
For Thought** videos
was the most
interesting to you,
and why?



Which countries
have been your
favourite ones
to explore and
why?

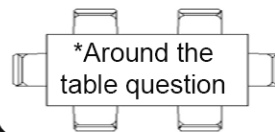
Which countries
would you **really**
like to explore
someday and
why?

... now that we're warmed up...

Do you know some
adults who have
**forgotten how to
have fun** as they've
grown older? If so,
why do you think
this is the case?

What do you
believe are the
**required
ingredients**
for fun to take
place?

How important is
having fun to you and
what are your
favourite ways to
have fun?



What is
preventing you
from having more
fun in your life?

... going deeper ...

What makes you
excited these
days compared to
when you were
younger?

How can we
incorporate a sense
of fun, adventure
and excitement into
our daily lives
even when we're
not on vacation?

Why do you
believe that some
people are willing
to risk their lives
to be adventurous
(i.e. climbing mount
everest)?

AFTER 90 MINUTES:

Feel free to stick around
as long as you like. If
there are multiple tables
for this event then you
are encouraged to move
to other tables to mix
and mingle.

Conversations are no
longer limited to the
topic.