


When people
arrive at your
table

- ✓ Ask people to order something so that we can keep up good relations with this restaurant since they are letting us use their space.
- ✓ Ask people to place their food and drink orders **before** the discussion starts so that the discussion won't be interrupted as much.

Once the food and drinks have been ordered let everyone know...

Our main Intention

- is to provide a **balanced discussion** where everyone has a chance to speak.

We only have two rules

- respect for everyone at the table, and one person talking at a time (during the facilitated portion).

Interjecting

- In order to avoid anyone from **dominating** the discussion, just **raise your hand** if you would like to speak. That way, everyone (including the facilitator) knows that you have something to say.

Okay, let's
get started!



***Around-the-table question:**

People answer the question from left to right ending with the person who asked it.

First, some warm up questions...

Which of the Food for Thought videos was **the most** thought-provoking to you and why?

**Around-the-table question*

If you're currently dating, what's your strategy to find love and/or romance?

What have you done to help keep the 'dating spark' alive when in a relationship?

... now that we are warmed up...

Give a convincing example of how you would flirt with someone.

**Around-the-table question*

What was one of the biggest challenges that you've experienced in the dating world?

What are the first things that come to mind when you hear the word "solitude"?

What advice would you give to someone who is not able to appreciate solitude?

... approximately 90 minutes.

What are some of your favourite activities that you enjoy doing by yourself?

To the women: how comfortable are you asking someone out on a date?

To the men: how comfortable would you be if someone asked you out on a date?

AFTER 90 MINUTES:

Feel free to stick around as long as you like. If there are multiple tables for this event then you are encouraged to move to other tables to mix and mingle.

Conversations are no longer limited to the topic.